## Four Archetypes

(Jung)

The Oven Rebirth The Spirit The Trickster

The Trickster represents itself in interludes, interuptions and interjections. Breaks to the narrative and the story. Plot moves, shifts, backwards and forwards in time.

Rebirth Loops and living holds. Generational rebirth, recipes, handed down through generations. Secret, families, private, shared.

The Spirit x-factor.

The Oven Nurture, warmth, Ukrainian folk, patterns, holding, cooking, food, baking, bread The character of the oven, of a Ukrainian oven.